



# *Bodecia Book Club!*

## *Extra Read*



### **Dream a Little Dream by Sue Moorcroft**

Liza Reece has a dream. Working as a reflexologist for a troubled holistic centre isn't enough. When the opportunity arises to take over the Centre she jumps at it. Problem is she needs funds, and fast, as she's not the only one interested.

Dominic Christy has dreams of his own. Diagnosed as suffering from a rare sleep disorder, dumped by his live-in girlfriend and discharged from the job he adored as an Air Traffic Controller, he's single-minded in his aims. He has money, and plans for the Centre that doesn't include Liza and her team.

But dreams have a way of shifting and changing and Dominic's growing fascination with Liza threatens to reshape his. And then it's time to wake up to the truth...

Dream a Little Dream is an easy read and you can relate to the two main characters, Dominic and Liza. Sue Moorcroft talks about everyday trials that we each face in life from the school run to work. However it is not everyday that you find someone like Dominic who has a sleep disorder which means he can drop off at any moment. It was a fascinating illness to give the main character and author Sue Moorcroft hadn't realised what a complex and difficult to understand narcolepsy was, although she soon became fascinated with it. In researching for the book Sue met a sufferer through a message board and learnt how the illness affects your career and relationships and how difficult everyday things can be. Each chapter starts with excerpts from a messaging site for sleep disorders.

This book has it all, love, intrigue, families, babies, children, betrayal, sadness and a lovely twist at the end that you don't see coming! It takes you along on a ride and it does not let you down! Far from Dominic's illness I did not drop off and I could not put it down. The independence of Liza to make a go of something really makes you rally behind her, and you almost push the two main characters together. Throughout the book it is an on an off relationship you really want to make work.

In a world of everything bleak around us it is good to dream, even a little dream and with hope and dedication, and perhaps a little love and faith in oneself, you can achieve.

It is a very good read that you will not want to put down, if you like Maeve Binchy you will definitely like the style of Sue Moorcroft, I look forward to reading another one of Sue's soon.



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The Bodecia Book Club



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*Don't forget the first rule of Book Club!*