



# Bodecia Book Club!



## Before I Go To Sleep by S J Watson

This book was recommended by one of our members; she had read it, loved and said we must add it to our reading list. We often choose books for our reading list that we like to sound of or a friend of a friend has recommended it, so there was no decision to add this to our list. We were not disappointed!

Steven "S. J." Watson was born in 1971 and his first novel, the mystery/thriller *Before I Go to Sleep* was debuted in 2011. Rights to publish the book have been sold in 42 different countries around the world and it has gone on to be an international bestseller. In the same year it was announced that the book would be adapted for the big screen by Ridley Scott, starring Nicole Kidman, Colin Firth and Mark Strong.

The story is based around Christine, who wakes up every morning in an unfamiliar bed with an unfamiliar man. She looks in the mirror and sees an unfamiliar, middle- aged face. And every morning, the man she has woken up with must explain that he is Ben, he is her husband, she is forty-seven years old, and a terrible accident two decades earlier decimated her ability to form new memories.

With the help of Doctor Nash, who she keeps a secret from her husband, she writes a secret journal so that she can start making a record of her life. As the entries build up, Christine asks many questions. What was life like before the accident? Why did she and Ben never have a child? What has happened to Christine's best friend? And what exactly was the horrific accident that caused such a profound loss of memory?

Every day, Christine must begin again the reconstruction of her past. And the closer she gets to the truth, the more un-believable it seems.

This book is an easy read, and you will not be able to put it down, it will definitely keep you sitting on the edge of your seat and there are a few twists and turns you just did not expect!

We can not wait to see this book in film; we hope it is as good as the book. We loved the book and that is why it is now top of our reading list.

Go get a copy!

**We gave Before I Go To Sleep 9/10 (top read!)**

The book we are now reading is **A Tiny Bit Marvellous by Dawn French**



@bodeciabookclub



The Bodecia Book Club



www.bodeciabookclub.weebly.com



bodeciabookclub@hotmail.co.uk

*Don't forget the first rule of Book Club!*